



2022 秋季 第一周 09.10.2022 Fall Week 1



CARY CHINESE SCHOOL 凯瑞中文学校









早交通路线 (一)



Morning traffic pattern

为了避免早交通大量人员聚集和拥堵,我们将实行以**drop-off**为主的交通路线。请大家尽早出门,学校**8**点半开始**carpool drop-off**。早高峰期间**(8:35-9:05am)**校外马路入口处,建议大家不要左拐入校,往前有三处可以**U-turn**换成右拐入校**(**如图**)**。同时,早高峰期间车辆在学校出口处一律不能左拐,只能右拐离校。学校地址: **Panther Creek High School (6770 McCrimmon Pkwy, Cary, NC 27519)**





早交通路线 (二)

Morning traffic pattern

准时到校不要迟到



- ❖ Dropoff路线(蓝色):在驶入停车场时,由右侧部 一个路口进入,由停车场外围绕至红色线处开始 学生下车,之后再顺蓝色线路离开。
- ❖ Dropoff route (blue): Please follow the direction of the blue line to enter the school and only drop off students around the red line area.
- ▶ Parking 路线(绿色):如果carpool 路线遇到拥堵, 家长可在绿色路线停车,但是请一定在9点05学校 开始上课后再离开,以免带来交通混乱。
- Parking route(green): Please follow the direction of the green lines for parking. Please leave the parking lot only after 9:05am to avoid congestion.
- ❖ 教学楼东南区停车场(图中未显示): Panther Creek High 没有对外开放,停车有被拖车的风险 ,请家长和老师不要在该场地停车。
- Parking is not allowed any other area inside the school.

提前出门 遵守交通 服从指挥 放慢车速 安全第一 人人有责



家长执勤安排

Parent's duty

8:20 – 9:10am 9:50 – 10:00am Pre AP-A Chinese class parents Pre AP中文A班叶生荣老师班家长

为了保障早交通和课间秩序的顺畅,本学年CCS仍然实行家长轮值。来参加轮值的家长请在周六早上8:20之前来校签 到。希望每周被通知到的家长积极参与,谢谢您的合作!详情请查看学校网站:www.carycs.org/parents-duty.html

To ensure safety, CCS will keep practicing parent's duty each Saturday morning between 8:20am to 10:00am. Parents of the class assigned above please arrive on duty before 8:20am. Thank you for your support and cooperation! For more information, please visit: www.carycs.org/parents-duty.html

签到时间和地点: 8:20am, 学校门口旗杆下

签到联系人: 李新兰

执勤时间: 8:20-9:10am, 9:50-10:00am

执勤内容: 按照负责人分派的任务,

到岗位执勤。主要任务是 维持停车场秩序与行人安

全以及中文课间秩序。执勤结束

后, 归还黄马甲。

Sign-in time and spot: 8:20am, main entrance near the flagpole

Sign-in coordinator: Ms. Xinlan Li

Duty period: 8:20-9:10am, 9:50-10:00am **Duty description:**

Pick up volunteer vest, follow coordinator's instructions. Direct vehicles to follow the traffic routes and keep pedestrians safe. Monitor recess time between two Chinese

class periods. Return volunteer vest at the

end.









开学注意事项 (一)

First day reminders







在校学生需要严格遵守Wake County Public School 防疫措施,有任何不舒服的症状请留在家里,返校要求和公立学校一致。

All students must follow Covid prevention guidance of WCPSS for self quarantine, back to school requirements.



室内建议戴口罩。

Face mask is recommended inside the school building.



保证按时上课,课堂中保持安静,课间不打闹追逐,不乱动学校物品,课后收拾好个人物品,保持教室干净整洁。

Make sure to attend classes on time, keep quite in class, do not chase after class, do not disturb classroom items, pack personal items after class, and keep the classroom clean and tidy.







开学注意事项(二) First day reminders





Link to all chinese and activity classes: https://www.carycs.org/classroom.html

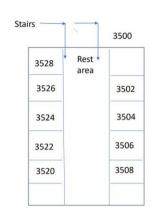


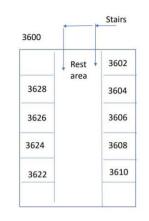
请所有实体及网课的家长注意查看注册课程,上课时间及教室安排或线上课程链接信息。

Please check and confirm class schedule, classroom for in person or link information for online class.









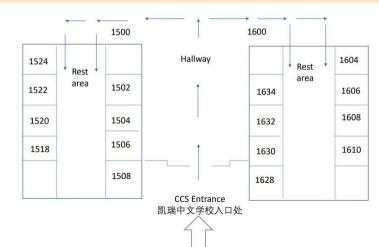
		2500
2526	▼ Rest ▼	
2524	area	2502
2522		2504
2520		2506
		2508

	Stairs
Rest	2602
area	2604
	2608
	2610
	0.0555

Third Floor

Second Floor

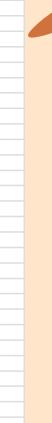




学校平面图 Floor map















Class Teacher Time Room Qifeng Wang 王启峰 Saturday 09:00 -10:50 Drawing: Water Color Painting (Adult) 水彩入门 2522 Mr. Tony Zhang Saturday 09:00-10:40 3606 Adult: Adlerian Parenting 和孩子一起成长 (free) Ms. Aisha Bakkar Saturday 09:15-10:45 3rd floor rest area Adult: Vinvasa Yoga (10 weeks) Learning Music with Ms. Sun (Age 4+)美丽音符 Ms. Xiaonan Sun Saturday 11:00 -11:50 1524 TBD Math is Fun - Grade 1 趣味数学-1年级 Saturday 11:00 -11:50 1610 Math is Fun - Grade 2 趣味数学-2年级 Dr. Wei Huang Saturday 11:00 -11:50 1628 Dr. Bing Zhou 1630 Math is Fun - Grade 3 趣味数学-3年级 Saturday 11:00 -11:50 1632 Math is Fun - Grade 4 趣味数学-4年级 Benjamin Wang Saturday 11:00 -11:50 Math is Fun - Grade 5 趣味数学-5年级 Haitian Huang Saturday 11:00 -11:50 1634 Mrs. Barfield Saturday 11:00 -11:50 2508 Public Speaking and Leadership (Ages 10-17) 英文演讲A Math Olympiad Club (Grades 7+) Eli Park Saturday 11:00 12:50 3508 Dr. Yufena Xin Saturday 11:00 12:50 3520 Math Olympiad 1 - Pre-algebra (Grades 5+) Math Olympiad 3 - Geometry and Probability (Grades 7+) Brian Zhang Saturday 11:00 12:50 3524 Qifeng Wang 王启峰 2522 Drawing: Color Pencil 1 (8+岁) 彩铅绘画初级 Saturday 11:00 -12:50 Alina Yang Saturday 11:00 -12:50 3522 Math Olympiad 2 - Algebra (Grades 6-8) Ms. Beirong Zhao 1502 Drawing I-A (Age 4-6)儿童绘画 Saturday 11:00-11:50 Chess Entry - A (Age 5+) 国际象棋初级A班 Ed Larson Saturday 11:00-11:50 1520 Chess Entry - B (Age 5+) 国际象棋初级B班 Jerry Xue Saturday 11:00-11:50 1522 Ms. Alice Zhao Saturday 11:00-11:50 1606 Drawing II-A (Age 6-8)儿童绘画 Ms. Alice Luo Saturday 11:00-11:50 1608 Drawing II-B (Age 6-8)儿童绘画 周薇薇 Chinese Performance 凯瑞之星语言艺术表演俱乐部 (Age 7+) Saturday 11:00-11:50 2502 3D modeling and 3D printing 电脑绘图与建模 Lu Wang Saturday 11:00-11:50 2524 Chinese Painting 中国国画 (10 weeks) Mr. Hongsheng Wang Saturday 09:15:-10:45 2604 Chinese Dance I (Age 5-6)幼儿中国舞蹈 Ms. Shelly Han Saturday 09:15:-10:45 2nd floor 2500 Chinese Dance II (Age 6+)幼儿中国舞蹈 TBD Saturday 11:00-11:50 2nd floor 2600 TBD Dance: Street Dance Saturday 11:00-11:50 3rd floor rest area Chinese Calligraphy 中国书法 (10 weeks) Mr. Hongsheng Wang 2604 Saturday 11:00-12:30 Public Speaking and Leadership (Ages 10-17) 英文演讲B Mrs. Barfield Saturday 12:00 -12:50 2508 Ed Larson Saturday 12:00-12:50 1520 Chess Intermediate/Advanced- A (Age 7+)国际象棋中/高级 Ms. Alice Zhao Saturday 12:00-12:50 1606 Drawing II-C (Age 6-8)儿童绘画 TBD Saturday 12:00-12:50 1st flool rest area Arts & Crafts and Board Games 1630 Programming in Python 101 (Grade 6+) Lyndsey Pan Saturday 13:00-14:30 Samuel Pan In Person Programming in Java 101 (Grade 6+) Saturday 13:30 -15:00

Activity Class Classrooms



新字期伊始,请家长直看**注册保程和教全信息**,自行在家打印和填写学生名牌,让孩子在到校第一天带到学校来,方便义工协助学生找到教室。不分年级均请填写,谢谢理解与合作。

Please check your class registration and classroom info and then print and fill out the information tag (printout available at the end of this newsletter, or sample on the right), ask your student to bring it to school on the first day. The information is for volunteers and staff to help students find correct classrooms quickly. This is recommended for all grades. Thank you for your understanding and cooperation!

Family ID:		
Chinese Class:	ROOM:	Parent's Cellphone Number:
1st Act Class:	ROOM:	KID's name:
2 nd Act Class:	ROOM:	





Asia Fest 2022 Ticket - 龙舟节门票

第7届龙舟节将于9月17号,在8003 Regency Parkway Cary, North Carolina 27518 举行。CCS PTA将为大家组织一次龙舟节的门票团购。 龙舟节门票,12岁以下免费,65及以上免费,13-64 \$8/人(需要加上税和购票手续费)。我们本次团购价格为\$6/人(团购价格\$5/人,多的价格用来cover税和购票手续费)。请需要参与团购的家长们填写form,我们好统计购票人数,团购截至时间为: 9/8下午2: 00。 本次团购采用现金支付,我们现计划于9/10号CCS开学第一周上午在CCS取票,请大家准备零钱取票时支付,如有变动请大家关注学校大群通知。我们CCS的龙舟队也将参与比赛,欢迎家长们带着小朋友们去现场为我们的龙舟队加油!

bit.ly/TuanGou

The 7th Annual Dragon Boat Festival will be held on September 17th at 8003 Regency Parkway, Cary, North Carolina 27518. CCS PTA will organize a group purchase of tickets for the Dragon Boat Festival. Tickets are free for children under 12 years old or those 65 and older, \$8/person for group of 13-64 (tax and a ticket purchase fee must be added). Our group purchase price this time is \$6/person (our group purchase price is \$5/person, and the extra price is used to cover tax and the ticket purchase fee). Parents who need to participate in the group purchase should fill out the form. The deadline for group purchase is: 9/8 at 2:00 pm. This group purchase must be paid in cash. We are planning to distribute the tickets at CCS on the morning of the first week of school, 9/10. Please prepare the exact change when you pay the tickets. If there are any updates, they will be noted in the school WeChat group.

Our CCS dragon boat team will also participate in the race. Parents are welcome to bring their children to cheer for our team!

Group purchase website:

bit.ly/TuanGou









Asia Fest 2022 Volunteer - 龙舟节志愿者

Calling all Cary Chinese School students from Asia Fest 2022 organizer!

We have this volunteer position in particular and need to confirm a few volunteers by this Friday 09/09, so we can provide to our professional photographer the list. Here are more specific criterias:

Mobile Photos & Video Clips for Content

Mobile device with Tri-lens, and have 5G connection: Capture quality event activities and memorable images/short video clips by using qualified mobile devices. Will have 1 hour meeting before event, have to attend.

09/17/2022 (Sat)

9:30am - 1:30pm (8)

Sign Up

1:00pm - 5:00pm (8)

Sign Up

Volunteers need to attend a mandatory 1 hr pre-meeting On line:Sep 10th 2:00PM or 7:00PM or On site Sep 16th 5:00PM.

Volunteers just need to have a Mobile device with Tri-lens, and have a 5G connection. This is an wonderful opportunity to learn from the professionals and could benefit them for years to come!

Please help encourage the sign up for these positions, so they won't miss the Saturday online training opportunity. Here is the link:

https://www.signupgenius.com/go/8050d49aeaa2fa0f85-asian

There are other volunteers positions still open too!







2022 Activity Classes Update

趣味数学Math is Fun 1

中国书法Calligraphy ^{周六11:00-12:30}

辩论Debate 101 ^周=19:00-19:50

初级编程Java (实体)
^{周六13:30-15:00}

线上烹任Cooking ^{周五17:00-17:50}

Questions? Contact act@carycs.org

2022 Activity Classes for Parents

中国国画Chinese Painting

周六9:15-10:45

中国书法Calligraphy ^周六11:00-12:30

水彩入门Water Color ^{周六9:00-10:50}

和孩子一起快乐成长周六9:00-10:40

羽毛球Badminton 周六14:00-15:00 | 周日15:00-16:00

> 网球Tennis ^周六15:00-16:00

Vinyasa瑜伽 ^{周六9:15-10:45}

线上烹饪Cooking ^{周日 17:00-17:50}





Vinyasa Yoga

周六9:15-10:45 教练: Ms. Aisha Bakkar

- A 10-week lesson in the fall
- 9/10: Trial lesson
- 9/17: 1st lesson
- I would need our yogis to bring their own mats, a bottle of water, a towel, and a couple of yoga blocks (optional).

Vinyasa is a style of yoga characterized by stringing postures together so that you move from one to another, seamlessly, using breath.



https://youtu.be/iUs9RVc7A2M (a good example of a typical Vinyasa Flow)

Aisha Bakkar is a 200 RYS Vinyasa Yoga Instructor and mother to two teenage girls. She retired from the Marine Corps after 20 years of active-duty service, and continues to serve by introducing affordable yoga to communities.

Over the past four years, yoga has literally transformed her life. It has made her a better mother, a better sister, wife and friend. It's taught her to know and to listen to her body; to nourish herself both physically and mentally; to slow down and enjoy the moment she is in; and most importantly to BREATH! She never realized how important her breath was to not only relax her body, but to also relax her mind. She wants to share the transformative nature of yoga with you!

Aisha's passion is in lifting others up and encouraging them to take control of their mental and physical wellbeing. She hopes her students will join her on their personal journey to health and happiness.





Arts & Crafts

- * Saturday 12:00-12:50
- **\$** \$50

动手又动脑,放松和社交 的理想场所。

Board Games

- ❖ Saturday 12:00-12:50
- **\$50**

夏令营期间最受小朋友们 喜爱的两门活动课。





SARY CHINESE SCHOOL 凯瑞中文学校











Math Is Fun



Textbooks: Beast Academy Level 1-5 (https://beastacademy.com/books)

> Level 1: Ages 6-8 Level 2: Ages 7-9 Level 3: Ages 9-10 Level 4: Ages 10-12 Level 5: Ages 11-13

Learn math concepts and problem-solving skills through the richly illustrated adventures of four little Beast Academy monsters.



New: Books Level 1 Ages 6-8

Learn counting, addition, subtraction, and more with Beast Academy Level 1 curriculum. Includes a guide book with practice problems for all four units (1A-1D).

We recommend taking the Level 1A Placement Test to determine if your student is ready to take Beast Academy Level 1.









课名 周六实体

中国国画

中国书法

9:15-10:45 am 11:00 am-12:30 pm

10周/\$120 (10月1日开始)

秋季

15周/\$160 (1月7日开始)

春季





汪鴻胜老师,武汉市书画协会会员。 主攻中国画和中国书法。作品多次 参加过湖北省、武汉市、武昌区等 级展览,并获得省优秀奖、2018 年获得武汉市老干部书画展一等奖, 曾多次获得武汉市税务系统二等奖、 三等奖。

《国画》和《书法》课的授课对象主要以家长和高年级学生为主,《书法》也欢迎六岁以上的小学生。所有学生需要各自准备一套国画或者书法的工具。我们会尽快整理出一份链接,方便大家购买。来吧,一起领略中国国画和书法的魅力!



Lunch Box Purchase - 后勤盒饭团购

9/10 中文学校开学了**②** 后勤团今年恢复每周六中午的美食自提服务**◆**

本地餐厅美食, △周五下午2:00截单:

③\$12/盒

88台北101不辣盒饭:黑椒里脊排,葱爆牛,家常豆腐

▶成都7号辣盒饭: 牛角椒炒肉、豉椒鸡丁、炝炒包菜

⑤\$8/份

⊗台北101儿童餐:鸡捞面

Freshgogo 纽约美食(冷冻), △周四中午11点截单, ⑤\$12/份:

6排骨刀削面

快鹿鲜肉包

石花溪牛杂粉 (湿粉)

后勤团购下单: bit.ly/TuanGou,注意大小写,请大家收藏这个后勤网站 @

➡ 周六中午11:30am - 12:00pm 在CCS停车场自提

盒饭下单需要开设后勤账号,请大家扫码添加后勤工作号微信开设账户。

Lunch Box group purchase link:

bit.ly/TuanGou









请关注我们!

Facebook: https://m.facebook.com/CaryChineseSchool

Instagram: https://instagram.com/CaryChineseSchool









赞助商

Our Sponsers

AmazonSmile是帮助中文学校捐款的一个方便快捷的方式,欢迎大家登录AmazonSmile绑定中文学校,

https://smile.amazon.com/charity. 您的每次购物Amazon都会捐赠 0.5%, 在享受购物乐趣的同时为学校积攒活动资金! 谢谢大家的积极参与!

Please consider donating to the school by registering CCS as your AmazonSmile charity! https://smile.amazon.com/charity. 0.5% of your shopping expense will go to school funding. Thank you!





Family ID: Chinese Class: 1st Act Class: 2nd Act Class:	 Parent's Cellphone Number: KID's name:
Family ID: Chinese Class: 1st Act Class: 2nd Act Class:	 Parent's Cellphone Number: KID's name: